

**PANAMÁ. PROYECCIONES DE LA POBLACIÓN TOTAL, POR PROVINCIA Y COMARCA INDÍGENA, LA POBLACIÓN URBANA Y RURAL POR ÁREA,
Y LA POBLACIÓN DE LAS CIUDADES DE PANAMÁ Y COLÓN, SEGÚN SEXO Y EDAD: AÑO 2023**

Sexo y edad	Estimación al 1 de julio																Ciudad	
	República	Área		Provincia										Comarca Indígena			Panamá	Colón
		Urbana	Rural	Bocas del Toro	Coclé	Colón	Chiriquí	Darién	Herrera	Los Santos	Panamá	Panamá Oeste	Veraguas	Kuna Yala	Emberá	Ngäbe Buglé		
Total	4,452,823	3,207,885	1,244,938	194,971	271,958	310,778	470,864	59,792	119,062	95,471	1,714,295	659,428	249,999	50,734	13,788	241,683	505,357	44,004
0-4	367,647	230,194	137,453	24,385	22,653	31,031	43,077	6,419	7,176	4,983	116,452	45,052	21,960	7,346	1,863	35,250	29,646	4,373
0	73,400	45,839	27,561	5,042	4,443	6,245	8,611	1,288	1,392	966	22,789	9,092	4,323	1,554	385	7,270	5,789	875
1	73,189	45,766	27,423	4,953	4,486	6,223	8,612	1,286	1,414	981	22,886	8,957	4,356	1,510	377	7,148	5,889	876
2	73,599	46,229	27,370	4,874	4,534	6,206	8,618	1,286	1,436	997	23,446	8,922	4,393	1,470	372	7,045	5,956	876
3	73,735	46,309	27,426	4,797	4,577	6,187	8,618	1,283	1,457	1,012	23,657	8,977	4,429	1,428	367	6,946	5,997	874
4	73,724	46,051	27,673	4,719	4,613	6,170	8,618	1,276	1,477	1,027	23,674	9,104	4,459	1,384	362	6,841	6,015	872
5-9	369,197	234,371	134,826	22,639	23,307	30,534	43,020	6,203	7,646	5,360	118,313	48,939	22,602	6,306	1,718	32,610	29,875	4,302
10-14	367,568	235,323	132,245	21,523	22,709	29,620	42,154	5,657	7,991	5,683	118,523	54,505	22,292	5,479	1,534	29,898	29,521	4,144
15-19	365,058	239,647	125,411	19,857	22,634	28,144	40,413	5,646	8,937	6,254	124,269	52,433	22,040	5,237	1,353	27,841	31,380	3,923
20-24	358,981	252,741	106,240	18,121	23,262	26,219	38,219	5,726	9,475	6,738	126,049	52,772	21,735	5,175	1,334	24,156	34,204	3,711
25-29	340,366	242,772	97,594	15,951	22,965	23,079	34,010	5,633	9,244	6,795	126,428	49,828	20,091	4,558	1,189	20,595	35,770	3,280
30-34	321,036	233,797	87,239	13,376	21,161	21,687	29,839	4,952	8,534	6,500	129,852	44,270	18,296	3,674	1,022	17,873	36,505	3,096
35-39	309,903	234,920	74,983	12,304	18,581	20,083	26,273	3,528	8,521	6,632	132,781	48,246	16,784	2,370	784	13,016	36,839	2,885
40-44	295,465	236,358	59,107	10,311	14,853	18,235	24,443	2,572	7,099	5,864	134,278	54,984	12,202	1,281	580	8,763	37,600	2,618
45-49	280,206	226,361	53,845	9,182	13,948	17,353	23,555	2,322	6,515	5,553	128,487	54,252	10,331	1,175	469	7,064	38,031	2,493
50-54	256,018	208,774	47,244	7,777	13,970	16,108	24,595	2,291	7,157	6,407	114,764	45,068	10,505	1,223	388	5,765	35,848	2,310
55-59	218,952	176,709	42,243	6,189	12,577	13,920	24,394	1,993	6,687	5,971	96,899	33,498	10,591	1,207	364	4,662	32,130	1,990
60-64	182,520	143,879	38,641	4,908	10,996	11,260	21,856	1,872	6,298	5,589	77,313	25,779	10,577	1,327	339	4,406	27,574	1,610
65-69	140,407	106,116	34,291	3,353	8,727	8,371	17,317	1,518	5,416	4,825	58,733	18,091	9,226	1,154	310	3,366	22,767	1,168
70-74	104,381	75,916	28,465	2,215	6,813	6,070	13,369	1,277	4,327	4,172	42,745	12,117	7,145	1,165	237	2,729	17,115	846
75-79	73,387	54,515	21,081	1,448	5,483	4,106	9,679	888	3,426	3,244	28,440	8,437	5,447	938	148	1,703	12,473	522
80-84	49,839	37,352	12,861	838	3,803	2,492	6,806	702	2,381	2,350	18,867	5,501	4,189	619	98	1,193	8,905	376
85 y más	51,892	38,140	11,169	594	3,516	2,466	7,845	593	2,232	2,551	21,102	5,656	3,986	500	58	793	9,174	357

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		Urbana	Rural	Bocas del Toro	Coclé	Colón	Chiriquí	Darién	Herrera	Los Santos	Panamá	Panamá Oeste	Veraguas	Kuna Yala	Emberá	Ngäbe Buglé		
Hombres	2,230,085	1,580,067	650,018	98,923	139,195	157,406	236,030	31,927	60,011	47,737	845,464	332,889	129,269	24,718	7,211	119,305	240,741	21,339
0-4	187,864	117,683	70,181	12,480	11,586	15,882	22,020	3,280	3,669	2,550	59,331	23,201	11,205	3,739	948	17,973	15,041	2,172
0	37,518	23,425	14,093	2,577	2,272	3,194	4,403	658	712	494	11,603	4,695	2,208	793	196	3,713	2,946	435
1	37,397	23,395	14,002	2,533	2,294	3,184	4,402	657	723	502	11,656	4,616	2,223	769	192	3,646	2,990	435
2	37,608	23,638	13,970	2,496	2,319	3,177	4,405	657	734	510	11,949	4,592	2,241	748	189	3,591	3,020	435
3	37,675	23,678	13,997	2,457	2,341	3,168	4,405	656	745	518	12,057	4,617	2,259	726	187	3,539	3,038	434
4	37,666	23,547	14,119	2,417	2,360	3,159	4,405	652	755	526	12,066	4,681	2,274	703	184	3,484	3,047	433
5-9	188,576	119,748	68,828	11,591	11,928	15,634	21,988	3,166	3,911	2,745	60,225	25,193	11,523	3,202	873	16,597	15,165	2,137
10-14	187,650	119,687	67,963	10,999	11,662	15,187	21,545	2,884	4,102	2,912	60,147	28,082	11,365	2,783	779	15,203	15,063	2,058
15-19	186,111	120,760	65,351	10,057	11,688	14,439	20,647	2,873	4,617	3,200	63,068	26,761	11,245	2,679	686	14,151	15,958	1,931
20-24	182,388	126,989	55,399	9,081	12,001	13,401	19,546	2,918	4,887	3,439	63,497	26,895	11,109	2,648	709	12,257	16,818	1,818
25-29	172,055	120,912	51,143	7,959	11,694	11,689	17,403	2,899	4,834	3,551	63,582	24,810	10,370	2,382	625	10,257	17,596	1,583
30-34	161,482	115,798	45,684	6,514	10,845	10,962	15,167	2,552	4,520	3,266	64,357	22,909	9,191	1,929	541	8,729	17,214	1,496
35-39	155,680	116,173	39,507	6,117	9,851	10,210	13,340	1,958	4,445	3,370	65,841	23,708	9,047	1,153	441	6,199	17,505	1,403
40-44	148,530	117,471	31,059	5,135	8,023	9,224	12,260	1,512	3,748	2,994	66,677	27,693	6,684	455	321	3,804	18,053	1,267
45-49	140,364	111,530	28,834	4,533	7,188	8,766	11,469	1,384	3,333	2,878	63,901	27,684	5,589	389	252	2,998	18,433	1,200
50-54	127,406	102,253	25,153	3,857	7,041	8,046	11,944	1,306	3,504	3,271	56,452	23,157	5,626	473	203	2,526	17,206	1,098
55-59	108,094	85,620	22,474	3,233	6,372	7,001	12,017	1,158	3,286	2,975	47,052	16,599	5,667	467	192	2,075	14,857	945
60-64	89,057	68,048	21,009	2,632	5,528	5,521	10,944	1,089	3,068	2,825	36,520	12,665	5,557	558	182	1,968	12,441	746
65-69	67,407	48,993	18,414	1,831	4,356	4,164	8,573	894	2,628	2,353	27,046	8,512	4,863	486	167	1,534	10,010	543
70-74	49,157	33,943	15,214	1,267	3,281	2,900	6,528	738	2,084	2,019	18,992	5,768	3,715	502	127	1,236	7,300	379
75-79	34,890	23,847	10,978	861	2,588	1,974	4,570	515	1,589	1,521	13,146	4,107	2,734	373	78	834	5,197	222
80-84	22,565	15,520	6,957	483	1,771	1,213	3,050	439	1,009	989	8,206	2,556	1,976	261	53	559	3,420	172
85 y más	20,809	15,092	5,870	293	1,792	1,193	3,019	362	777	879	7,424	2,589	1,803	239	34	405	3,464	169

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Mujeres	2,222,738	1,627,818	594,920	96,048	132,763	153,372	234,834	27,865	59,051	47,734	868,831	326,539	120,730	26,016	6,577	122,378	264,616	22,665
0-4	179,783	112,511	67,272	11,905	11,067	15,149	21,057	3,139	3,507	2,433	57,121	21,851	10,755	3,607	915	17,277	14,605	2,201
0	35,882	22,414	13,468	2,465	2,171	3,051	4,208	630	680	472	11,186	4,397	2,115	761	189	3,557	2,843	440
1	35,792	22,371	13,421	2,420	2,192	3,039	4,210	629	691	479	11,230	4,341	2,133	741	185	3,502	2,899	441
2	35,991	22,591	13,400	2,378	2,215	3,029	4,213	629	702	487	11,497	4,330	2,152	722	183	3,454	2,936	441
3	36,060	22,631	13,429	2,340	2,236	3,019	4,213	627	712	494	11,600	4,360	2,170	702	180	3,407	2,959	440
4	36,058	22,504	13,554	2,302	2,253	3,011	4,213	624	722	501	11,608	4,423	2,185	681	178	3,357	2,968	439
5-9	180,621	114,623	65,998	11,048	11,379	14,900	21,032	3,037	3,735	2,615	58,088	23,746	11,079	3,104	845	16,013	14,710	2,165
10-14	179,918	115,636	64,282	10,524	11,047	14,433	20,609	2,773	3,889	2,771	58,376	26,423	10,927	2,696	755	14,695	14,458	2,086
15-19	178,947	118,887	60,060	9,800	10,946	13,705	19,766	2,773	4,320	3,054	61,201	25,672	10,795	2,558	667	13,690	15,422	1,992
20-24	176,593	125,752	50,841	9,040	11,261	12,818	18,673	2,808	4,588	3,299	62,552	25,877	10,626	2,527	625	11,899	17,386	1,893
25-29	168,311	121,860	46,451	7,992	11,271	11,390	16,607	2,734	4,410	3,244	62,846	25,018	9,721	2,176	564	10,338	18,174	1,697
30-34	159,554	117,999	41,555	6,862	10,316	10,725	14,672	2,400	4,014	3,234	65,495	21,361	9,105	1,745	481	9,144	19,291	1,600
35-39	154,223	118,747	35,476	6,187	8,730	9,873	12,933	1,570	4,076	3,262	66,940	24,538	7,737	1,217	343	6,817	19,334	1,482
40-44	146,935	118,887	28,048	5,176	6,830	9,011	12,183	1,060	3,351	2,870	67,601	27,291	5,518	826	259	4,959	19,547	1,351
45-49	139,842	114,831	25,011	4,649	6,760	8,587	12,086	938	3,182	2,675	64,586	26,568	4,742	786	217	4,066	19,598	1,293
50-54	128,612	106,521	22,091	3,920	6,929	8,062	12,651	985	3,653	3,136	58,312	21,911	4,879	750	185	3,239	18,642	1,212
55-59	110,858	91,089	19,769	2,956	6,205	6,919	12,377	835	3,401	2,996	49,847	16,899	4,924	740	172	2,587	17,273	1,045
60-64	93,463	75,831	17,632	2,276	5,468	5,739	10,912	783	3,230	2,764	40,793	13,114	5,020	769	157	2,438	15,133	864
65-69	73,000	57,123	15,877	1,522	4,371	4,207	8,744	624	2,788	2,472	31,687	9,579	4,363	668	143	1,832	12,757	625
70-74	55,224	41,973	13,251	948	3,532	3,170	6,841	539	2,243	2,153	23,753	6,349	3,430	663	110	1,493	9,815	467
75-79	38,497	30,668	10,103	587	2,895	2,132	5,109	373	1,837	1,723	15,294	4,330	2,713	565	70	869	7,276	300
80-84	27,274	21,832	5,904	355	2,032	1,279	3,756	263	1,372	1,361	10,661	2,945	2,213	358	45	634	5,485	204
85 y más	31,083	23,048	5,299	301	1,724	1,273	4,826	231	1,455	1,672	13,678	3,067	2,183	261	24	388	5,710	188

Elaborado por el Departamento de Demografía -INEC

Panamá, 21 de mayo de 2023.