

Cuadro 352-02. DISPONIBILIDAD DIARIA DE SALES Y VITAMINAS POR HABITANTE,  
EN LA REPÚBLICA: AÑOS 1991-2010

| Año           | Disponibilidad diaria por habitante |                        |                                             |                         |                             |                         |                                    |
|---------------|-------------------------------------|------------------------|---------------------------------------------|-------------------------|-----------------------------|-------------------------|------------------------------------|
|               | Calcio<br>(miligramos)              | Hierro<br>(miligramos) | Vitamina A<br>(unidades<br>internacionales) | Tiamina<br>(miligramos) | Riboflavina<br>(miligramos) | Niacina<br>(miligramos) | Ácido<br>ascórbico<br>(miligramos) |
| 1991.....     | 539                                 | 19.8                   | 1,991                                       | 1.1                     | 1.2                         | 13.0                    | 49                                 |
| 1992.....     | 544                                 | 20.4                   | 2,199                                       | 1.2                     | 1.3                         | 13.8                    | 49                                 |
| 1993.....     | 558                                 | 19.4                   | 2,099                                       | 1.1                     | 1.2                         | 12.3                    | 49                                 |
| 1994.....     | 558                                 | 19.0                   | 2,107                                       | 1.1                     | 1.2                         | 12.3                    | 49                                 |
| 1995.....     | 558                                 | 19.5                   | 2,231                                       | 1.2                     | 1.3                         | 13.1                    | 64                                 |
| 1996.....     | 571                                 | 20.6                   | 2,207                                       | 1.0                     | 1.2                         | 12.1                    | 51                                 |
| 1997.....     | 573                                 | 19.3                   | 2,058                                       | 1.1                     | 1.2                         | 13.9                    | 61                                 |
| 1998.....     | 591                                 | 18.5                   | 2,167                                       | 1.2                     | 1.3                         | 13.7                    | 49                                 |
| 1999.....     | 546                                 | 20.1                   | 2,177                                       | 1.1                     | 1.2                         | 11.8                    | 61                                 |
| 2000.....     | 577                                 | 19.5                   | 2,186                                       | 1.1                     | 1.2                         | 12.0                    | 43                                 |
| 2001.....     | 573                                 | 19.3                   | 2,085                                       | 1.2                     | 1.3                         | 13.9                    | 61                                 |
| 2002.....     | 608                                 | 20.4                   | 2,221                                       | 1.2                     | 1.4                         | 14.1                    | 64                                 |
| 2003.....     | 597                                 | 19.3                   | 2,171                                       | 1.2                     | 1.3                         | 14.2                    | 67                                 |
| 2004.....     | 587                                 | 17.8                   | 1,989                                       | 1.1                     | 1.2                         | 13.5                    | 60                                 |
| 2005.....     | 638                                 | 18.4                   | 2,060                                       | 1.2                     | 1.3                         | 14.5                    | 63                                 |
| 2006.....     | 643                                 | 18.5                   | 2,066                                       | 1.2                     | 1.4                         | 14.6                    | 64                                 |
| 2007.....     | 635                                 | 16.8                   | 1,998                                       | 1.3                     | 1.4                         | 18.6                    | 59                                 |
| 2008.....     | 654                                 | 17.6                   | 2,066                                       | 1.3                     | 1.4                         | 18.4                    | 60                                 |
| 2009 (R)..... | 665                                 | 16.8                   | 2,006                                       | 1.2                     | 1.4                         | 18.6                    | 58                                 |
| 2010 (P)..... | 714                                 | 17.8                   | 2,079                                       | 1.3                     | 1.3                         | 17.9                    | 65                                 |